

PDIS HAPPENINGS

PDIS/2019-20/KG/August and September/Vol -2

PDIS - KINDERGARTEN

Dear Parent.

Welcome to the August and September issue of PDIS Happenings. After a month long travel it was time to focus on their eating habits and hygiene. Children did various activity sheets, watched videos explaining and emphasizing the interesting themes. We welcomed the 73rd Independence Day. The children from Pre Primary celebrated Sanskrit Diwas by actively participating in Shloka recitation activity. The preprimary children also celebrated Dahi Handi festival in school. Children enjoyed enthusiastically participating in Best out of waste competition and little artists (drawing) competition. As we moved towards the month of September with the support of parents, staff and our young, energetic, enthusiastic and talented children, we successfully conducted event of Annual exhibition I³, wherein importance of agriculture and farming was emphasized through various projects and actual plantation. Thus we are concluding the month and stepping into another month full of wonders!!

Thank you,

Dr. Vidya Ramgopal

Daffodils (Nursery)

COUNSELOR'S COLUMN

Teaching Kids the Importance of Gratitude

Most parents have taught their kids the importance of saying thank you. But how many have truly instructed them, the art of being grateful?

The Importance of Gratitude:-

Gratitude means being thankful and appreciative of the good things you have.

- 1) It can decrease stress and increase a feeling of belonging.
- 2) A person who is grateful tends to spend less time comparing himself or herself with others and feeling envious.
- 3) It also helps children to empathize with others. They will be able to relate other people's feelings and will feel a sense of belonging with their classmates and community.

Healthy tips for kids

1. Food is Fun... Enjoy your food.

HEALTH TIPS

- 2. Breakfast is a very important meal.
- 3. Eat different foods every day, variety is the recipe for health.
- 4. Eat fruits and vegetables with each meal and as tasty snacks.
- 5. Snack attack! Eat regularly and choose a variety of snacks.
- 6. Quench your thirst. Drink plenty of liquids.
- 7. Care for those teeth! Brush your teeth at least twice a day.
- 8. Eat Healthy foods which contain lots of vitamins, minerals and fiber.

Allow children to pick a new vegetable to try while shopping.

Dates to remember:

UPCOMING CELEBRATIONS

7th October: Navratri Celebration & Grandparent's Day – Children have to come in colourful Traditional attire.

19thOctober: Open Day 3

21st October: Yellow Day Children have to come in Yellow colour decent dress.

23rd October: Talent Hunt: SOLO DANCE Competition & Diwali celebration.

Diwali Vacation: 24th October to 12th November 2019. School will reopen on 13th November 2019.

SCHOOL SYLLABUS FOR THE MONTH OFAUGUST AND SEPTEMBER 2019

Numeracy

- Identification and counting numbers with related objects 1 to 10.
- Introduction of Concept-Tall and short.
- Revision of Big and Small.
- Introduction to square shape.
- Revision of Circle Shape. Writing skill:-

My skill book Math-A pg. no.:- 1 to 6.

Physical Development

- Warm up exercise.
- Horse Walk.
- Forward Jump.
- Jump with two legs holing the ball in hands.
- Rolling the ball.
- Catch the ball in hand.
- Frog Jump.





Personal, Social and Emotional Development

- Importance of eating healthy food.
- Importance of washing hands before eating.
- Good eating habits.
- Fruits names.

Communication , Language and Literacy

Speaking skill:-

- Vocabulary related to the letters A to R.
- Identification and recognition of letters A to R with phonetic sounds.

Writing Skill:

My skill book English-A pg. no – 7 to 28.

Creative Development Art & Craft

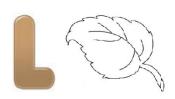
- <u>Coloring</u> Ice cream, Cake, Fruits.
- <u>Craft</u> Apple, Flag.

Dance

Learns various formations in Dance.

Music

• Sing the rhyme along with rhythm.









Knowledge and Understanding of the World

- Healthy food.
- Greeting teachers.
- Colours: Identifying objects related to 'Red' and 'Blue' colour.